

MENU CYCLE WEEK TWO

SERVED WEEK COMMENCING
7TH NOVEMBER • 28TH NOVEMBER • 19TH DECEMBER
9TH JANUARY • 30TH JANUARY • 27TH FEBRUARY • 20TH MARCH

MONDAY



Chicken Pasta Bake with Crusty Bread
OR **Jacket Potato with Rich Tomato Bolognese (V)**

DESSERT CHOICE: Banana Loaf with Custard, Yoghurt, Fresh Fruit or Cheese and Biscuits

COLD OPTION: Cheese Baguette

TUESDAY



Burger in a Bun with Potato Wedges
OR **Vegetable Burger in a Bun (V) with Potato Wedges**

DESSERT CHOICE: Frozen Yoghurt with Fruit, Yoghurt, Fresh Fruit or Cheese and Biscuits

COLD OPTION: Chicken Baguette

WEDNESDAY



ROAST
WEDNESDAY

Roast Pork with Apple Sauce and Roast Potatoes
OR **Pasta Choice**

OR **Quorn Deli Wrap (V) with Roast Potatoes**
OR **Pasta Choice**

DESSERT CHOICE: Scotch Pancake with Fruit and Ice Cream, Yoghurt, Fresh Fruit or Cheese and Biscuits

COLD OPTION: Tuna Baguette

THURSDAY



SCOTY Meatloaf with Creamed Potatoes
OR **Macaroni Cheese (V) with Wholemeal Garlic Bread**

DESSERT CHOICE: Sticky Chocolate Muffin with Fruit Juice, Yoghurt, Fresh Fruit or Cheese and Biscuits

COLD OPTION: Ham Roll

FRIDAY



FRUITY
FRIDAY!

Breaded Salmon with Low Fat Chips or Pasta Choice
OR **Cheese and Tomato Pizza (V) with Low Fat Chips or Pasta Choice**

DESSERT CHOICE: Mini Oat Cookie with Fresh Fruit, Yoghurt, Fresh Fruit or Cheese and Biscuits

COLD OPTION: Free Range Egg Roll

ALL OUR COLD OPTIONS INCLUDE UNLIMITED SALAD ITEMS
OR VEGETABLES AND A CHOICE OF DESSERTS

No salt is used in cooking or offered to pupils to
add after cooking. Instead we use herbs and
spices to bring children's taste buds alive

FRESHLY BAKED BREAD AVAILABLE DAILY PLUS A SELECTION OF VEGETABLES AND BOWL SALADS